

Community mental health tobacco treatment training

Training guide: Module 3

Best practices for treating tobacco dependence in persons with SMI

Module 2

Best practices for treating tobacco dependence in persons with SMI

Importance:

- It is important for advisors to be aware of the unique challenges of smoking cessation among persons with SMI and how to tailor support to improve client engagement and efficacy of treatment.
- It is important for advisors to be aware of common barriers faced by people with SMI attempting to stop smoking (e.g., access to medication or vapes) and strategies for addressing these locally.
- It is important for advisors to be confident in how to structure multi-session stop smoking support for people with SMI within the NHS Community Mental Health pathway and using the Standard Treatment Programme (STP).

Purpose:

- To introduce evidence-based tobacco dependency treatment for people experiencing SMI.
- To highlight lessons learned from SCIMITAR projects and other evidence which has informed best practice.
- Introduction of STP and discussion about adapting support to SMI clients.

Process:

- *Presentation*
- Film clip

Resources:

- *PowerPoint presentation*
- *Handout – Best practices for SMI*

Presenter's notes

Presenter's notes are found in the notes view of the PowerPoint slides. The presenter's notes provide a suggested method for presenting training content and identify where course activities occur. The sources for information and data presented are also included in the presenter's notes.